



MEET ALL YOUR CLIENTS' MENTAL HEALTH NEEDS HERE SPRING 2019

Dear Colleagues,

The professional offices in Suites 9 and 10 at 358 Veterans Memorial Highway in Commack offer a diversity of independent outpatient psychotherapy practices and skillsets all under one roof. Practitioners offer outpatient mental health services for children, adolescents and adults, with clinical expertise in a wide range of mental health issues, and many years of clinical experience within school, hospital and outpatient settings. Some providers are in-network providers for major insurance carriers; others are out-of-network. Please take a look at our brief biographies below and feel free to give us a call to discuss potential referrals. We welcome your business and pledge to you and your families the highest level of professional care available.

PANTALENO PSYCHOLOGICAL SERVICES, PLLC
ANTHONY PANTALENO, PH.D., DIRECTOR

BEHAVIORAL HEALTH SERVICES
RONDA BROOKS, LCSW, P.C.

EAST END PSYCHOLOGICAL SERVICES, P.C.
JOSEPH S. VOLPE, PH.D., EXECUTIVE DIRECTOR

RANDY ECTON, LMHC

BARBARA CAREY-SHAW, PH.D.

BETH HOLLANDER, PH.D.

RACHEL CAMHI, PSY.D.

SHARI BILLOTTI, PH.D.

KERRY TORRELL, PH.D.

LAUREN S. MCCABE SPERBER, LCSW

MICHELLE DELEVANTE, LCSW

CHRISTINE MARRA, PH.D.

RANDIE TAYLOR, PSY.D.

About Pantaleno Psychological Services:

Dr. Pantaleno will continue to be available for referrals of individual preadolescents through adults and their families, with a specialty in rational-emotive behavior therapy, individual dialectical behavior therapy, and mindfulness-based cognitive therapy. Dr. Pantaleno is a graduate of Fordham University and an Associate Fellow at the Albert Ellis Institute with over thirty years of experience both as a School Psychologist and in private practice. His recognitions include the National Association of School Psychologists Practitioner of the Year in 2013 and the Suffolk County Psychological Association Psychologist of the Year in 2008 and 2016. Dr. Pantaleno does not accept third party insurance. The many families seen by Dr. Pantaleno have instead chosen to develop a relationship with a recommended professional to begin the important work of psychotherapy. Please take the time to visit his web page at www.drpantaleno.com for a good overview of his practice. Dr. Pantaleno is also available for introductory mindfulness-based stress reduction workshops to audiences of adolescents, parents or the professional staff of medical/educational institutions. Please contact him at 631-543-TEEN or at drpantaleno@drpantaleno.com to inquire about a mindfulness workshop.

About Ronda Brooks, LCSW at Behavioral Health Services:

With over 33 years of experience as a School Social Worker and in private practice, Licensed Clinical Social Worker Ronda Brooks offers treatment services for children, teens adults, and families. She works with a wide range of life's challenges including Autism Spectrum Disorders, ADHD, children coping with divorced parents, communication issues between parents and children, parenting skills, anxiety and depression, as well as social skills deficits. For more information, call 631-543-4357, email kidhelp@optimum.net or visit www.kidhelp.org. Empire/NYSHIP/ValueOptions/Beacon/GHI/HIP/Emblem insurance plans accepted.

About East End Psychological Services:

Across Long Island, families, school personnel and pediatricians have turned to the staff of East End Psychological Services (EEPS) to offer comprehensive psychological assessment as well as individual, family and couples/marital cognitive-behavioral psychotherapy. With offices in Commack and Miller Place and a staff of 16 experienced Psychologists, EEPS is known on Long Island as a specialty practice that works with children (ages 3 and older), adolescents and adults. Our areas of expertise include: ADHD, ODD, Autism Spectrum Disorders, anxiety disorders, PTSD, depression and bipolar disorder, insomnia, behavior modification, internet addiction, anger management, social skills training, child and adolescent sports psychology, selective mutism, school avoidance/refusal, families in transition including divorce and blended families. Moreover, we provide Neuropsychological, Educational, Cognitive, Personality and Career testing. Additionally, services are provided at both office locations through our **Psychological & Educational Testing Center** and **The Child and Adult Diagnostic and Treatment Program for ADHD**, both divisions of East End Psychological Services. Please visit www.eepservices.org or call (631) 821-7214 for details about our practice. Dr. Joseph Volpe, Executive Director can be contacted directly at drvolpe@eepservices.org. Appointments are available within one week.

About Randy Ecton, LMHC:

Randy Ecton is a Licensed Mental Health Counselor who received his Masters of Arts Degree in Applied Psychology from Adelphi University. He has more than 25 years of experience helping clients and their families learn how to control their anger and stress patterns. His research and work in anger control has been published. He has conducted community workshops and programs in anger control, stress management, parent training, and managing crisis situations. You can contact Randy Ecton at (516) 353-7821 or at rbecton55@aol.com

About Barbara Carey-Shaw, Ph.D:

Dr. Barbara Carey-Shaw is a Licensed Psychologist with over 25 years of experience providing services to children, adolescents and adults. She uses a unique combination of cognitive-behavioral therapy and psycho-educational skill building to enhance communication and interpersonal skills that greatly influence emotional well-being. Specific areas of expertise include anxiety, depression, ADHD, Autism Spectrum Disorders, developmental disabilities, stress management, bipolar disorder and borderline personality disorder. She also provides social skills training, parent training, and intellectual/cognitive testing. Some insurance plans accepted. You can reach Dr. Carey-Shaw at (516) 241-3276 or at drbcareyshaw@gmail.com.

About Beth Hollander, Ph.D:

Dr. Beth Hollander is a Licensed Psychologist who graduated from Hofstra University's Clinical and School Psychology Ph.D. program. Her areas of expertise include anxiety (including OCD and phobias) and emotion regulation, and she uses a cognitive-behavioral treatment approach. Dr. Hollander also has experience with the treatment of Borderline Personality Disorder, Bipolar Disorder, and PTSD in military veterans and crime victims. She provides services for children, teens, and adults, and specializes in working with college-aged young adults. You can reach Dr. Hollander at (516) 336-8149 or drbethhollander@gmail.com. Some insurance accepted.

About Rachel Camhi, Psy.D:

Dr. Rachel Camhi is a Licensed Psychologist who received her Psy.D. from St. John's University. Dr. Camhi has conducted research in Rational Emotive Behavior Therapy (REBT) at the Albert Ellis Institute. She has also published research in cyber-bullying. Dr. Camhi uses a goal-oriented, client centered approach to assist clients in making meaningful changes. Dr. Camhi has expertise in the following areas: REBT, Cognitive Behavioral Therapy (CBT), Motivational Interviewing, and psychoeducational skill building. Her specialties include anxiety, depression, school refusal, lifestyle balance, relationship and family issues, substance use, and stress management. She provides services for teens, adults, couples and families. You can reach Dr. Rachel Camhi at (631)793-8285 or DrRachelCamhi@gmail.com. For more information, visit www.DrRachelCamhi.com.

About Shari Billotti, Ph.D:

Dr. Shari Billotti is a Licensed Psychologist and Certified School Psychologist. She holds a Doctorate in Psychology with special interests in the treatment and identification of ADHD (both in children and adults), social skills training, anxiety and general adjustment issues, behavior management, parent training, divorced and/or blended families, high functioning Autism Spectrum disorders, support for children who have siblings with disabilities, school consultation, and psychological and academic evaluations. Dr. Billotti uses a goal oriented, cognitive behavioral approach in working with children, adolescents, young adults, and families. You may reach Dr. Billotti at 631-786-5209, or at Sharibillotti@gmail.com.

About Kerry Torrell, Ph.D:

Dr. Torrell is a Licensed Psychologist now accepting new child (beginning at age 6), adolescent, and adult clients. She has nearly a decade of specialized experience helping people manage their anxiety disorders, including phobia, panic, and OCD. She also works with individuals experiencing depression, grief, trauma, women's issues, emotional and relationship difficulties. She employs evidence-based cognitive behavioral techniques and strives to create treatment plans with measurable and achievable goals for her clients. For more information, visit www.myanxietydoc.com or call [631-848-8526](tel:631-848-8526).

About Lauren S. McCabe Sperber, LCSW at First Love Yourself Counseling:

Lauren S. McCabe Sperber is a Licensed Clinical Social Worker. She is now accepting new adolescent, young adult, and adult clients. She has nearly a decade of experience helping trauma victims manage their anxiety, PTSD, depression, high-risk behaviors, self-harming, self-esteem, and coping skills. She also works with individuals, couples, families, and groups when it comes to relationship issues, parenting skills, weight/body image, women's health, and chronic/invisible illness. She uses various techniques and modalities including EMDR, DBT, CBT, TF-CBT, mindfulness, strengths based and psycho-educational skills building. She also provides workshops for adolescents, parents, and/or professional staff of medical/educational institutions. Some insurances accepted as well as out of network benefits. You can contact Lauren at [516-654-4715](tel:516-654-4715) or at FirstLoveYourselfCounseling@gmail.com.

For more information, please visit www.firstloveyourselfcounselingli.com

About Michelle Delevante, LCSW-R:

Michelle Delevante LCSW-R has over 17 years of experience as a Licensed Clinical Social Worker in multiple capacities. Ms. Delevante has served as an adjunct Professor at Suffolk County Community College teaching Group Dynamics and Freshman Seminar. Ms. Delevante provides treatment services for individuals, couples and groups. Ms. Delevante specializes in relationship issues (leaving a narcissistic partner), sex therapy, LGBTQIA issues, divorce, substance abuse, empowerment and assertiveness training. Ms. Delevante utilizes an eclectic approach and customizes treatment to fit the individual's/couple's needs. She accepts most insurances including United Health Care Community Plan and The Essential Plan. For further information contact her at (516) 344-7975 or email: Michellelistens481@gmail.com.

About Christine Marra, Ph.D:

Dr. Christine Marra has over 20 years of experience working with a range of populations and issues, earning a Bachelor's Degree from Binghamton University and Ph.D. in clinical and school psychology from Hofstra University. A native of Long Island, she spent 6 years in Albany, New York, where she joined Saratoga Psychological Associates specializing in the treatment of women from young adulthood through older adults with anxiety and depression, in addition to exploring the interface of medical and emotional difficulties. Please contact [631-268-5577](tel:631-268-5577) for more information.

About Randie Taylor, Psy.D:

Dr. Randie Taylor is a Licensed Psychologist. She earned her Psy.D. from Hofstra University's School-Community Psychology program. Dr. Taylor has served students for over 13 years in the school setting as a High School and Middle School Psychologist. She utilizes a cognitive-behavioral approach in empowering pre-teens, adolescents, adults, and families to manage life's obstacles. Areas of expertise include, but are not limited to: anxiety-related disorders, school refusal, family and relationship issues, adjustment disorders and school consultation. Dr. Taylor is especially passionate about employing an affirmative approach with LGBTQ youth and adults. She emphasizes the supportive connections between, home, school and outside providers. Dr. Taylor is enthusiastic about advocating for her school-aged clients and ensuring that they receive supports that appropriately meet their needs. You may reach Dr. Randie Taylor at 516-987-0428 or by email at Drtaylorpsyc@gmail.com.

