



MEET ALL YOUR CLIENTS' MENTAL HEALTH NEEDS HERE

Dear Colleagues,

The professional offices in Suites 9 and 10 at 358 Veterans Memorial Highway in Commack offer a diversity of independent outpatient psychotherapy practices and skillsets all under one roof. Practitioners offer outpatient mental health services for children, adolescents and adults, with clinical expertise in a wide range of mental health issues, and many years of clinical experience within school, hospital and outpatient settings. Some providers are in-network providers for major insurance carriers; others are out-of-network. Please take a look at our brief biographies below and feel free to give us a call to discuss potential referrals. We welcome your business and pledge to you and your families the highest level of professional care available.

PANTALENO PSYCHOLOGICAL SERVICES, PLLC
ANTHONY PANTALENO, PH.D., DIRECTOR

BEHAVIORAL HEALTH SERVICES
RONDA BROOKS, LCSW, P.C.

EAST END PSYCHOLOGICAL SERVICES, P.C.
JOSEPH S. VOLPE, PH.D., EXECUTIVE DIRECTOR

RANDY ECTON, LMHC

BARBARA CAREY-SHAW, PH.D.

BETH HOLLANDER. PH.D.

RACHEL CAMHI, PSY.D.

JUSTIN DISCALFANI, PH.D., BCBA-D.

JENNIFER KAHN, PH.D.

SHARI BILLOTTI, PH.D.

KERRY TORRELL, PH.D.

About Pantaleno Psychological Services:

Dr. Pantaleno will continue to be available for referrals of individual preadolescents through adults and their families, with a specialty in rational-emotive behavior therapy, individual dialectical behavior therapy, and mindfulness-based cognitive therapy. Dr. Pantaleno is a graduate of Fordham University and an Associate Fellow at the Albert Ellis Institute with over thirty years of experience both as a School Psychologist and in private practice. His recognitions include the National Association of School Psychologists Practitioner of the Year in 2013 and the Suffolk County Psychological Association Psychologist of the Year in 2008 and 2016. Dr. Pantaleno does not accept third party insurance. The many families seen by Dr. Pantaleno have instead chosen to develop a relationship with a recommended professional to begin the important work of psychotherapy. Please take the time to visit his web page at www.drpantaleno.com for a good overview of his practice. Dr. Pantaleno is also available for introductory mindfulness-based stress reduction workshops to audiences of adolescents, parents or the professional staff of medical/educational institutions. Please contact him at 631-543-TEEN or at drpantaleno@drpantaleno.com to inquire about a mindfulness workshop.

About Ronda Brooks, LCSW at Behavioral Health Services:

Behavioral Health Services continues the innovative work for which its predecessor, the Institute for Behavioral Health, was well known. This includes a cognitive-behavioral Social Skills Groups program, which has helped kids get along better with their peers since 1986. With over 31 years of experience as a School Social Worker and in private practice, Licensed Clinical Social Worker Ronda Brooks also provides treatment services for children, teens adults, and families. For more information, call 631-543-4357, email kidhelp@optimum.net or visit www.kidhelp.org. Empire/NYSHIP/ValueOption/Beacon/GHI/HIP/Emblem insurance plans accepted.

About East End Psychological Services:

Across Long Island, families, school personnel and pediatricians have turned to the staff of East End Psychological Services (EEPS) to offer comprehensive psychological assessment as well as individual, family and couples/marital cognitive-behavioral psychotherapy. With offices in Commack and Miller Place and a staff of 16 experienced Psychologists, EEPS is known on Long Island as a specialty practice that works with children (ages 3 and older), adolescents and adults. Our areas of expertise include: ADHD, ODD, Autism Spectrum Disorders, anxiety disorders, PTSD, depression and bipolar disorder, insomnia, behavior modification, internet addiction, anger management, social skills training, child and adolescent sports psychology, selective mutism, school avoidance/refusal, families in transition including divorce and blended families. Moreover, we provide Neuropsychological, Educational, Cognitive, Personality and Career testing. Additionally, services are provided at both office locations through our **Psychological & Educational Testing Center** and **The Child and Adult Diagnostic and Treatment Program for ADHD**, both divisions of East End Psychological Services. Please visit www.eepservices.org or call (631) 821-7214 for details about our practice. Dr. Joseph Volpe, Executive Director can be contacted directly at drvolpe@eepservices.org. Appointments are available within one week.

About Randy Ecton, LMHC:

Randy Ecton is a Licensed Mental Health Counselor who received his Masters of Arts Degree in Applied Psychology from Adelphi University. He has more than 25 years experience helping clients and their families learn how to control their anger and stress patterns. His research and work in anger control has been published. He has conducted community workshops and programs in anger control, stress management, parent training, and managing crisis situations. You can contact Randy Ecton at (516) 353-7821 or at rbecton55@aol.com

About Barbara Carey-Shaw, Ph.D:

Dr. Barbara Carey-Shaw is a Licensed Psychologist with over 25 years of experience providing services to children, adolescents and adults. She uses a unique combination of cognitive-behavioral therapy and psycho-educational skill building to enhance communication and interpersonal skills that greatly influence emotional well being. Specific areas of expertise include anxiety, depression, ADHD, Autism Spectrum Disorders, developmental disabilities, stress management, bipolar disorder and borderline personality disorder. She also provides social skills training, parent training, and intellectual/cognitive testing. Some insurance plans accepted. You can reach Dr. Carey-Shaw at (516) 241-3276 or at drbcareyshaw@gmail.com.

About Beth Hollander, Ph.D:

Dr. Beth Hollander is a Licensed Psychologist who graduated from Hofstra University's Clinical and School Psychology Ph.D. program. Her areas of expertise include anxiety (including OCD and phobias) and emotion regulation, and she uses a cognitive-behavioral treatment approach. Dr. Hollander also has experience with the treatment of Borderline Personality Disorder, Bipolar Disorder, and PTSD in military veterans and crime victims. She provides services for children, teens, and adults, and specializes in working with college-aged young adults. You can reach Dr. Hollander at (516) 336-8149 or drbethhollander@gmail.com. Some insurance accepted.

About Rachel Camhi, Psy.D:

Dr. Rachel Camhi is a Licensed Psychologist who received her Psy.D. from St. John's University. Dr. Camhi has conducted research in Rational Emotive Behavior Therapy (REBT) at the Albert Ellis Institute. She has also published research in cyber-bullying. Dr. Camhi uses a goal-oriented, client centered approach to assist clients in making meaningful changes. Dr. Camhi has expertise in the following areas: REBT, Cognitive Behavioral Therapy (CBT), Motivational Interviewing, and psychoeducational skill building. Her specialties include anxiety, depression, school refusal, lifestyle balance, relationship and family issues, substance use, and stress management. She provides services for teens, adults, couples and families. You can reach Dr. Rachel Camhi at (631)793-8285 or DrRachelCamhi@gmail.com. For more information, visit www.DrRachelCamhi.com.

About Justin DiScalfani, Ph.D., BCBA-D:

Dr. DiScalfani is a Licensed Psychologist, Licensed Behavior Analyst, and Certified School Psychologist with over ten years of experience providing services to children, adolescents and adults in a variety of settings. He utilizes cognitive behavior therapy and behavior analysis to develop individualized evidence based treatment plans for patients and their families. Dr. DiScalfani specializes in emotional and behavior related issues in children and adults including anxiety, depression, AD/HD, autism spectrum disorders, school related problems, special education and divorce. For more information please visit his website at www.DrJustinD.com or call for a free consultation at (631) 793-7127.

About Jennifer Kahn, Ph.D:

Dr. Jennifer Kahn Is a Licensed Psychologist who received her Doctorate in Clinical and School Psychology from Hofstra University. She has experience working with patients with a myriad of diagnoses in both inpatient and outpatient settings, within multiple modalities such as individual and group sessions. Dr. Kahn has employed the use of multiple Evidence-Based Practices, including Cognitive-Behavioral Therapy, Exposure Therapy and Acceptance and Commitment Therapy in her work with children, adolescents and adults. Her special interests include anxiety disorders and, in particular, obsessive-compulsive spectrum disorders. Dr. Kahn is also well versed in the application of parent training and school-related issues in children and adolescents. Her empathetic and humanistic approach to treatment assists in the development of a strong therapeutic alliance.

Dr. Kahn can be reached at (631) 813-9661 or at her website KahnPsychologicalSolutions.com.

About Shari Billotti, Ph.D:

Dr. Shari Billotti is a Licensed Psychologist and Certified School Psychologist. She holds a Doctorate in Psychology with special interests in the treatment and identification of ADHD (both in children and adults), social skills training, anxiety and general adjustment issues, behavior management, parent training, divorced and/or blended families, high functioning Autism Spectrum disorders, support for children who have siblings with disabilities, school consultation, and psychological and academic evaluations. Dr. Billotti uses a goal oriented, cognitive behavioral approach in working with children, adolescents, young adults, and families. You may reach Dr. Billotti at 631-786-5209, or at Sharibillotti@gmail.com.

About Kerry Torrell, Ph.D:

Dr. Torrell is a Licensed Psychologist now accepting new child (beginning at age 6), adolescent, and adult clients. She has nearly a decade of specialized experience helping people manage their anxiety disorders, including phobia, panic, and OCD. She also works with individuals experiencing depression, grief, trauma, women's issues, emotional and relationship difficulties. She employs evidence-based cognitive behavioral techniques and strives to create treatment plans with measurable and achievable goals for her clients. For more information, visit www.myanxietydoc.com or call 631-848-8526.

**Are you looking for office space? We have beautiful rentals available!
Hourly/weekly/monthly rates. Contact Tony Pantaleno 631-543-TEEN for more info.**

