

**ANTHONY PANTALENO, PH.D.**  
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<b>EDUCATION:</b>	Queens College(CUNY)	Psychology	B.A.	1975
	Pace University	School Psychology	M.S. Ed.	1977
	Fordham University	School Psychology	Ph.D.	1986

### **PROFESIONAL EXPERIENCE**

2019-present	Certified Instructor, Koru Mindfulness
1978-2016	School Psychologist, Elwood Public Schools, Greenlawn, NY Recipient, 2016 Psychologist of the Year, Suffolk County Psychological Association Recipient, 2011 NYASP Leadership in School Psychology Award Recipient, 2007 New York Association of School Psychologists (NYASP) Practitioner of the Year. Recipient, 2008, Psychologist Of the Year, Suffolk County Psychological Association.
2003-present	Director, Pantaleno Psychological Services, Commack, NY
1987-2003	Institute for Behavioral Health, Commack, NY
1999-2016	Clinical Affiliate Professor, St. Johns University
2005-2016	Clinical Affiliate Professor, Adelphi University
1986-1987	Assistant Psychologist, Schneider Children's Hospital Division of Child Development, New Hyde Park, NY
2008-2010	John Glenn HS Mentoring Program, Program Advisor Recruiter, Mentoring Teams Co-trained mentoring teams with the Mentoring Partnership of LI Mentoring Matters Annual Retreat, Presenter
2004-2011	Operation Respect, Program Advisor, Elwood-John Glenn H.S. Coordinator of annual student training Facilitator, Don't Laugh At Me (DLAM) team retreats Leader, DLAM team presentations in second and fourth grades
1986-2004	Natural Helpers, Program Advisor, John Glenn HS Coordinator of annual three-day training retreats for John Glenn HS Weekly NH team meeting coordinator Turnkey trainer for fifteen Suffolk County High Schools Creator of Natural Helpers of Long Island (NHLI) web page Facilitator for Annual NHLI Regional Conference
2000-2005	Awareness Program, John Glenn HS Coordinator, of two-day overnight retreats at John Glenn HS
2009	News Closeup WPIX, News at 11, 11/20/99 "Beating the Bullies"

2010	Telecare's The God Squad. "Suicide"
1977-1978	School Psychologist Patchogue-Medford Public Schools, Patchogue, NY
1978-1981	Adjunct Assistant Instructor, School Psychology Program Pace University, New York, NY Cognitive Assessment Course
1977	Methadone Maintenance Counselor Suffolk County Drug Control Authority, South Huntington, NY
1976-1977	Counselor, University Counseling Center, Pace University, New York

### LICENSES/CERTIFICATES

Trainer, NASP PREPaRE 1 and 2 Curriculum, 2015  
 Red Cross Disaster Mental Health Volunteer, 2015  
 Albert Ellis Institute, Associate Fellow, 1989  
 NYS Licensed Psychologist, 1987  
 NYS Certified School Psychologist, Permanent, 1977

### PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)  
 National Association of School Psychologists (NASP)  
 New York Association of School Psychologists (NYASP)  
 Suffolk County Psychological Association (SCPA)

**REFERENCES** Available on request

### PUBLICATIONS:

Roundtable Discussion: Training Youth in Mindfulness Leads to Critical Coping Skills, According to Mental Health Professionals. 2020. Journal of Alternative and Complementary Therapies.

Perspectives On School Crisis Response: Reflections From The Field. "School Psychologists As Crisis First Responders: A Primary Role Whether We Want It Or Not". 2018. Routledge Press

Cognitive Behavior Therapies: A Handbook for Practitioners. Chapter on "Mindfulness". 2017. American Counseling Association.

Educating The Whole Child, Engaging the Whole School: Guidelines and Resources for Social and Emotional Development and Learning (SEDL) in New York State – Where Do We Go From Here?  
 New York School Psychologist, Fall, 2011

Ten Erroneous Therapist Beliefs, Ten Optimistic Therapist Beliefs, and Ten Hopeful Patient Beliefs in Treating Borderline Personality Disorder

Suffolk County Psychological Association Newsletter, August 2011

Why We Meditate: Seeking the Path to Silence, Stillness, Gratitude, and Finding Out Who We Really Are.

Suffolk County Psychological Association Newsletter Fall 2009

On Becoming More Compassionate Therapists, Teachers, Students, Parents, Humans: The Path to Mindfulness-Based Stress Reduction.

Suffolk County Psychological Association Newsletter, August, 2008

Momentum Explodes for K-12 Social Emotional Learning Standards in NYS Schools

Suffolk County Psychological Association Newsletter, January 2008

School Psychology's Next Generation: Hello EQ -- Bye-Bye IQ

Suffolk County Psychological Association Newsletter, Spring 2007

A Proposal for Evaluating School Psychological Services on Long Island: A "Mental Health" Report Card.

Suffolk County Psychological Association Newsletter, Fall 2006

**Other Professional Activities:**

Former Coordinator, Long Island School Practitioner Action Network (LISPAN)

Co-Founder, Long Island Mindfulness and Resiliency Consortium (LIMARC)